



# MOSMAN FOOTBALL CLUB



Newsletter #14

**5<sup>th</sup> August 06**

[www.mosmansoccer.com](http://www.mosmansoccer.com)



## ***Strikers Cup***

Our valiant players at the 2006 Strikers Cup. This knockout one-day comp has teams from throughout Sydney battle it out on full size fields. It was a great experience for our u9s who gave their all. Special mention goes to Hugh Johnston, who stepped up to the mark when our goalie Peter Livingstone broke his arm the previous week!

## **Important Dates**

- Team photographs: Sat 5<sup>th</sup> August
- Premier Club Day Sat 5<sup>th</sup> August from 2-5pm at the Allan Border Oval
- Sub-Junior Gala Day Sun 27<sup>th</sup> August  
Including the MSC Committee / LJ Hooker Match  
Venue: George's Heights
- U9 Gala Day Sat 19<sup>th</sup> August
- Juniors Presentations Sat 19<sup>th</sup> August
- Ladies U10 Gala Day Sun 6<sup>th</sup> August
- Girls' Finals Sun 27<sup>th</sup> August
- Women's Finals Sun 27<sup>th</sup> August
- Junior Finals Sat 2<sup>nd</sup> September
- Senior Finals Sun 3<sup>rd</sup> September  
Venue: Cromer Park.
- End of Season Dinner Sat 9<sup>th</sup> September  
Venue: Dockside, Cockle Bay

## ***Summer soccer: Where to from here?***

For those subjunior and junior players who don't want the season to end, at last we have some options for the off-season. Here at Mosman we are commencing our first summer skills sessions, whilst Coerver have their established summer academy run out at Seaforth for 7s+.

### ***Mosman Soccer Summer Skills Sessions with SSFA***

Ex-Socceroo Gerry Gomez and his SSFA team have been running the extra training sessions for Mosman club throughout the season.

Now SSFA and Mosman Football Club are finalising details for our first-ever off-season skills program

**Who is it for?** 6-13 year girls and boys who want to retain and build up the skills they've learnt during the season, keep fit and have fun.

**What is it?** Details are to be finalised, but all programs will concentrate on individual skills development of group skills and include: Juggling, ball control;

improve the first touch on the ball, heading, etc. Small sided games, 1v1 2v2 3v3.

**How often?** Once a week during off-season term time, starting mid September.

**Who do I contact?** Gerry Gomez [gerry@sydneysfa.com.au](mailto:gerry@sydneysfa.com.au) or 0412 958 216

## Day trip to the Australian Institute of Sport

The program includes training at the AIS ground, a tour of the AIS, breakfast, lunch with the stars, bus trip, meet the future Soccerroos, be coached by AIS coaches, lectures on nutrition and goal setting. Parents are welcome!

**Who do I contact?** Gerry Gomez  
gerry@sydneysfa.com.au 0412 958 216

### GROUND SET UP AND PACK AWAY: 5<sup>th</sup> and 6<sup>th</sup> August 06

SET UP	PACK AWAY
<b>Middle Head</b>	
U11/2 – game at 8-45am	AL/2 – game at 3-00pm
<b>George's Heights</b>	
GH1 – U9 Leopards	U9 Tigers - game at 11-30am
GH2 – U6 Condors	U8 Goannas
GH3 – U6 Falcons	U8 Dragons
GH4 – U6 Hawks	U8 Taipans
Sun LA 12/2 – game at 8-30am	LA/4 – game at 11-00am
<b>Allan Border Oval</b>	
U14/2 – game at 8-30am	Prems game at 3-00pm
<b>Spit Reserve</b>	
U8 Iguanas	U8 Dinosaurs

### Junior Licence Course

Over a quarter of the coaches who went through the recent Junior Licence course were from our club. Not bad when Mosman is one of 17 clubs in the Manly Warringah Football Association. This course is the first level Football Federation Australia Australian Coaching Council qualification for soccer coaching.

Mosman Football Club (sponsored by LJ Hooker and Bing Lee) subsidised our coaches to do the course, which equips our coaches with the valuable skills training they pass onto our sub-junior and junior players.

It was brilliant. Comments from the coaches who attended...

*"We all learned so much, and had fun to boot (so to speak!)..."*

*"Incredibly valuable, it puts it all together..." "... Both the team and I are working much better..."*

Watch out for the Youth Licence course (probably running in October, again out at MWFA). This one is for the 10s plus age group.

## Coerver Development Academy

Most of the MSC u9+ teams have now had exposure to Coerver during the season. Coerver coaching is an intensive program to improve soccer mastery. Coerver North programs are run by Oscar Gonzalez, who coached a young Harry Kewell and hundreds of other players.

### Mighty Mites Program

**Who is it for?** u7 players (D.O.B: 2000).

**What is it?** Develops gross motor skills, including running techniques, spatial awareness, basic body movement and key essential basic soccer skills using the Coerver method. There is a big focus on fun games that will challenge movement and thinking skills.

**When is it?** 2 nights a week in the off-season during school term from mid September 2006.

**Who do I contact?** Oscar Gonzalez 88144436 / 0414641600

### Coerver Junior Development Academy

**Who is it for?** u8s, u9s, u10s

**What is it?** This state-wide program aims to develop the best 18 players in each age group in an intensive style of coaching. Soccer NSW have some of the best development coaches who specialise in extending player skills, talent and motivation.

**When is it?** 3 nights a week during school term from mid September 2006 to April 2007, held at Seaforth.

**When do I apply?** Now. Trials are in early September.

**Who do I contact?** Oscar Gonzalez 88144436 / 0414641600

Thanks to our sponsors!



## Reports in the Mosman Daily

Fay, our Publicity Officer, will be putting together an article based on the match reports for any age groups of the junior and girls teams. It will be published in the Mosman Daily. The U16-2 and 3 teams this week will be featured this week, so Fay would like to have a mixed team represented next week. If you can write a report and take action photos of your game, Fay will do a press article and liaise and send it onto the newspaper. The report and photos must reach Fay no later than 12noon on the Monday following the game.

If there is more than one team in your age group, we must have a report for each team playing on the day. Please include the name of the coach. The report should not exceed 200 words for the age group, so if there are two teams, each report should be 100 words. Please email your photo and report to Fay at [fay@islandblue.tv](mailto:fay@islandblue.tv)



It's hard to lose – the 12/4 at half time and then at the end after a 2-0 loss. They played Avalon A, the team at the top of the log and acquitted themselves famously.



## Mosman FC Day

**Saturday 5<sup>th</sup> August at the Alan Border Oval**

*Put it in your diary now.*

Come and support our Premiers to a win at Alan Border Oval on the 5<sup>th</sup> of August around 2pm. Last year the kids loved it.

BBO and competitions.

Half time match between some U6 teams.

## Juggling Competition

How great are your juggling skills? How many times can you juggle a ball?

There are some sensational prizes, so come along and show off your skills (or luck).

Runner up prizes for SubJuniors AND Juniors.

Special prizes for Winning parent AND Winning Senior.

Hoping to see the whole Football Club support the day.

## Mosman Football Club end of season dinner

**Saturday, September 9**

**7pm at the Dockside**

**Balcony Level, Cockle Bay Wharf**

**three-course meal, beer, wine and plenty of music**

**\$95 per person**

RSVP to Lisa Muzworthy (0401 068 630 or [muzworthy@cumberlandnewspapers.com.au](mailto:muzworthy@cumberlandnewspapers.com.au) or Ryf Quail (0414 763 177 or [rquail@deloitte.com.au](mailto:rquail@deloitte.com.au))



## Wet Weather Policy...

There has been a change in the procedure to be followed with regard to wet weather and / or grounds closures. Consequently the Blue Book no longer reflects the correct procedure.

In the event of wet weather, team members should phone the Council's Wet Weather Lines (the number are given below). If the wet weather line states that the ground is closed, there will be no match on that ground. However, certain games are rescheduled by the MWFA and as late as 9-00pm on a Friday night, there may be a rescheduling. We understand that this is late notice for a change in time or grounds, but this is how the MWFA does it. There is nothing that the MFC (Mosman Football Club) can do about it.

Please do not call the Competition Secretary, the Club Secretary or the Vice Presidents. Bear in mind that there are 1300 members in the club – the MFC Committee cannot take these calls.

So, the procedure is as follows:  
If you have not heard from your team manager and it has been very wet, call the relevant council's wet weather line. If the ground is closed, you will not play there. However, the game may be rescheduled. If it is, the Age Coordinator will inform your team manager of the details. Whilst they will attempt to do this as timeously as possible, they will only receive the call from the MWFA between 3 and 9pm on Friday. So, please check your emails and phones for any messages. And finally, please don't phone the Committee!

Mosman Council	9978 4136
Manly Council	9976 1699
Warringah Council	9981 2099
Pittwater Council	9970 1236

Here's to Sunshine

## Competition ...

With all the wet weather we are having, we have decided to run a 'Wettest / Dirtiest Player' photograph competition.

We will publish the pictures in the next couple of newsletters, and the dirtiest or wettest player will be the winner.

**The prize** is a complete Mosman Football Club Kit – Socks, Shirt, Shin pads, Shorts and Ball

To kick off, we have a photograph of 'Dirty Jo' from the U8s. This pic was taken after his game on Saturday 29<sup>th</sup>.

Send your photographs to  
sarah@taurusfinancial.com.au



## Support one of our coaches ... and raise money for OXFAM

With a team of 3 other colleagues from her company, Sue Hollis the trainer for the Under 12/2s has entered the Oxfam 100km Trailwalk to be held on 25th August 2006. The aim of the walk is to raise money for Oxfam and people in need.

Sue's team - the TravelEdge Titans is looking to complete the 100km in under 24 hours, which means they will be walking pretty much non-stop all through the night. But despite the blisters and assorted injuries they've already picked up on their 11 hour training walks in the rain, they figure it's all for a great cause!

If you'd like to sponsor Sue and her team, all you need to do is go to [www.oxfam.org.au/trailwalker/donate](http://www.oxfam.org.au/trailwalker/donate) then complete the online donation form including the drop boxes as follows:

1. Event: Sydney Trailwalker 2006
2. Team Number: 218 Traveledge Titans
3. Walker Sue Hollis

They'd really appreciate your support.

