



Welcome to the 2007 Season

Hi Everyone,

Welcome again to the Football Year and Mosman Football Club. As you will have seen in the Mosman Daily this week (back section) last year was one of the most successful ever for the Club. Congratulations again to all winning teams and look forward to repeated success in 2007. Things are happening - just a few include:

Juniors and Sub Juniors

- Gerry Gomez ran a summer skills program which was fully-subscribed. We have now introduced another tier of training with selected squads for Elite training. The focus is still on getting kids to get active and enjoy playing a team sport with all the great skills that teaches them. (What makes us such a great nation !!)
- Bruce Tweedie and team of Junior Div Coaches setup a formal Elite Coach Selection process for Junior First Div Teams and enhanced the excellent Grading Procedure that was instituted last year.
- Geri Vaughan has worked tirelessly over summer to refine and plan the SubJunior and Junior training programs again for 2007 and Kristine Dery has come on board for Junior Girls to prepare a training strategy which is fantastic news.

Seniors

Seniors are getting over the shell-shock of the new very strict MWFA requirement that to register a team they need to provide two qualified referees from within the team - they will not ref their own teams but are required to ref another team each week. The MWFA has cracked down on referee abuse so EVERYONE BE WARNED, penalties for referee abuse in 2007 will be uncompromising. WMFA are also, of course, serious about raising the refereeing quality level which we applaud and support as it will add to the quality of football played.

Have a great season.

Teresa White
Club President

2007 Season Information

Registration Sat 10th February
Grading Dates See table below
Training starts Week of 26th February

Junior Licence Course (MWFA) – strongly recommended for Junior Coaches 21,22 & 23 February

March

Friendly games (teams playing to be confirmed)
Vs North Sydney at George's Heights 4th March
Vs Maroubra at Maroubra 18th March
Phil Moss – Coaching Basics for all Coaches 11th March
Or 14th March

Team Manager Induction Last week in March
Mosman Grounds closed for turf repair last week in March, otherwise training continues
First match of the season 31st March

April

Easter Saturday is a scheduled round.

- Competition continues until 1st September with play every Saturday except 14/04/07; 12/06/07 and 07/07/07.
- Competition rounds are played on the first and last weekends of the school holidays except for the U9s.
- Division 1 teams may have an additional day for training
- (Thursdays)
- Match kits to be distributed to team managers – date to follow (Match shirts, match balls and match forms)
- Players provide shorts, socks, boots and shinpads. These can be bought at Registration Day or from Olympus Sports
- Training kits to be distributed to team managers – date to follow.
- Please check the website regularly for new information and updates.

ERROR – one of the fliers had the incorrect number for Julie Burton, Sub Junior VP. The correct number is 0414953364.

JUNIOR GRADING AND TRAINING

Age	1st Grading Session	2nd Grading Session	Training (5:00-6:30)	Trial Games
U9	Mon 19 Feb 5:00-7:00, GHO	Sun 25 Feb 9:00-11:00, MHO	Wed GHO from 28 Feb	Sun 4 & Sun 18 Mar
U10	Tue 20 Feb 5:00-7:00, GHO	Tue 27 Feb 5:00-7:00, BO	Tue BO from 6 Mar	Sun 4 & Sun 18 Mar
U11	Wed 21 Feb 5:00-7:00, GHO	Wed 28 Feb 5:00-7:00, GHO	Wed GHO from 7 Mar	Sun 4 & Sun 18 Mar
U12	Wed 14 Feb, 5:00-6:30 GHO	Wed 21 Feb 5:00-6:30, GHO	Wed GHO from 28 Feb	Sun 4 & Sun 18 Mar
U13	Thu 15 Feb, 5:00-6:30 GHO	Thu 22 Feb, 5:00-6:30 GHO	Wed MHO from 28 Feb	Sun 4 & Sun 18 Mar
U14 15,16	Thu 22 Feb, 5:00-6:30 GHO	Wed 28 Feb, 5:00-6:30 GHO	Wed MHO from 7 Mar	Sun 18 Mar

First game for all teams is Saturday 31st March

GHO = George's Heights Oval

MHO = Middle Head Oval

BO = Balmoral Oval

Understanding Grading

Bruce Tweedie and his team have put in a huge amount of time and effort to provide a grading system that is fair, effective and that meets the expectations of kids, parents and coaches. The grading procedure and policy is contained in a detailed document which is available on the web. There is also a FAQ sheet on the web.

The MFC would like to express their appreciation to Bruce and his team for a sterling effort.

No Soccer boots

NO boots are allowed to be worn at grading & pre season training for sub juniors & juniors. Mosman Council has made this rule so as to avoid grounds being over used & damaged, especially with a long season of training & weekend games ahead.

Any child wearing boots pre season must either swap to sand shoes or sit out training,

Please support this rule – failure to do so will jeopardize the MFC's use of council grounds.

Junior Ladies Division U10-U18 Pre-season Update

Girls Division Co-ordinator: Denise Menzies Email: burradoo@aol.com Tel: 9969 8869

Welcome to Mosman Girls Football for 2007!

The week following registration teams will be tentatively set.

Each team must provide a manager and a coach. Thank you to the managers and coaches who have already volunteered to help this season. If you are able to help out with team management or coaching this year, please e-mail me. Coaching training is available through the MWFA.

We will be having a girls division Managers and Coaches Information Night prior to the start of pre-season training. Managers and Coaches will be notified by e-mail with details. The meeting will be held the week of 19th February.

Any necessary grading of the girls teams will be done during the first two weeks of pre-season training. **START OF TRAINING**, Tuesday 27th of February.

All Junior Girls Teams train on Tuesdays from 5pm to 6:45pm at the following venues.

LAU10 and LAU12

Georges Heights Oval

(moving to Rawson Park in April)

LAU14, LAU16 and LAU18 Balmoral Oval

Players must purchase MFC socks and shorts available on registration day or from Olympus Sports in Neutral Bay. Players must also provide their own shin pads and boots.

Girls Division season matches commence 1st April. The club is organizing pre-season friendly games with other clubs. There will be girls games available on 18th March against Maroubra at Maroubra. More details to follow.

There are still "ELITE" pre-season training sessions available through the MWFA which include skills sessions and goalie training. Please let me know if you are interested in more information.

Here's to a great season. Please contact me with any questions.

Denise Menzies

Sub Junior Information

Sub Junior VP: Julie Burton

Email: Julie.burton@optusnet.com.au

Mobile: 0414 953 364

Home: 9953 3641

Mon 26th February Training commences for U6, U7
and U8

Wed 28th February Training commences for U9

Sun 11th March Compulsory Coaching Basics
Course

Wed 14th March Compulsory Manager's Information
Evening

Mon 19th March Compulsory Sub-Junior Referee
Workshop

Sat 31st March First game of the season

DO YOU WANNA BE ON TV???

NERDS FC

Would you like to share the Emotion, Excitement,
Adrenalin of the new team as they face their final
challenge?

The BIG FINAL Game is on at 6.15 on Saturday 17th
February at the Pittwater Rugby Park , Pittwater Road,
Warriewood.

The curtain raiser is the Nerds FC 2006 vs NSW Under 12
Elite Squad.

Entertainment by Chris Murphy of AUSTRALIAN IDOL.

FEATURE MATCH:

NERDS FC 2007 vs INTERNATIONAL ALL-STAR TEAM

This is a great night out for the whole family, so please come
and support the Nerds in their final challenge.

Bring signs, balloons and anything else that will help the
Nerds achieve their goal.

For more information visit www.nerdsfc.com.au

Free Admission

Gates open 5.45pm



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Our sponsors

What Kit do you need ... and where do you get it?

Small Training Ball

This year it is compulsory for players to buy a small training ball as part of their training equipment. Players enhance their ball skills by using a small ball at training, which, in theory, should mean they're more proficient when they play with a big ball!

The cost of the balls will be \$7.

Balls

Every player must bring his or her own ball to training.

The ball sizes are

U6 - U8: 3

U9 - U13: 4

U14 - U18: 5

Shin Pads

Shinguards are compulsory for both matches and training. Players will not be allowed to train without shin guards

Other Kit

Socks: \$15

Shorts: \$20

Training Shirt: \$30

Where?

All kit will be on sale at Registration Day on Saturday 10th February. It can also be purchased from Olympus Sports in Neutral Bay.

MFC Committee Roles

The Mosman Football Committee is run entirely by volunteers.

There are a number of roles that have yet to be filled for the 2007 season. These can be tailored to fit your skills and the amount of time you are able to commit. Please think about volunteering, and talk to Teresa White (Club President) if you have any questions about what is involved.

Teresa White
0418456294



Coaching Corner

Coaching Coordinator – Geri Vaughan Email: geri@wordweaver.com.au Mobile: 0402 905 220

1st Division Training MWFA – General and Goalie

These optional sessions are run by Manly Warringah – ie Mosman Football Club's parent association. If your child expects to be in a 1st division team, they are strongly recommended to prepare you for the season.

General elite training

If your child expects to be in a 1st division team and 8-15 yo, get a heads up on your soccer skills check out Manly Warringah's website on Term 1 training.

See

<http://www.mwfa.com.au/mad/mwsa?document=main>
<<http://www.mwfa.com.au/mad/mwsa?document=main>> for more details

Goalkeeper training - subsidised

If you're a goalie aged 10-18 years, and expect to be in the 1st division (or the highest division in your age group), check out these sessions with Bruno Jasiczek (MUFC). Every Thursday night (6pm – 7.30pm) from February 8 – March 29 in the synthetic-grassed cage at Cromer Park. Cost \$35/session.

Mosman Football is subsidising these goalkeeper sessions. After you've attended the last one, send copies of your receipts to: Susan Grant, Treasurer, MFC, PO Box 170, Spit Junction, 2088, with your bank details. We'll refund 50% of the cost of the goalkeeper sessions.

See

<http://www.mwfa.com.au/mad/mwsa?document=main>
<<http://www.mwfa.com.au/mad/mwsa?document=main>> for more details

SubJunior and Junior Introduction Coach Session

DETAILS: A single intro coaching session facilitated by Phil Moss of Manly Warringah Football Association for all sub-junior and junior coaches.

Compulsory for SubJunior Coaches (u6s, u7s, and u8s) and strongly recommended for Juniors. Phil's sessions are great - feedback from last year was terrific from all our coaches.

Two sessions are available.

Register: geri@wordweaver.com.au

Junior Licence Coaching Course February 2007

The next Junior Licence coaching course – the first Football Federation Australia / Australian Coaching Council qualification open to coaches - will be run at Cromer Park in February. The details are as follows:

COURSE: Junior Licence Coaching Course

DATE: Feb 21 (WED)
Feb 23 (FRI)
Feb 24 (SAT)

TIME: 6pm – 9.30pm (MON)
6pm – 9.30pm (WED)
8am – 2pm (SAT)

COST: \$115-00 (Cheque or cash only.
Cheques payable to MWFA and posted to MWFA c/- Phil Moss PO Box 455, Narrabeen, 2101)

PLEASE NOTE: ONLY PAYMENT WILL CONFIRM YOUR BOOKING

INSTRUCTOR: **Phil Moss** – MWFA Director of Coaching/MUFC Head Coach
Gary McGinnis – former MUFC Senior Youth League Coach

BOOKINGS: Email mossy@mwfa.com.au or call the MWFA office on 9982-6228
Bookings close at 5pm FRIDAY FEBRUARY 16, 2007

BYO: Notepad, pen, training gear, boots, drink, food, sun/wet weather protection.
Course will go ahead in wet weather unless otherwise notified.

SESSION 1 Sunday, 11/03/2007

WHERE: Georges Heights Oval, Middle Head Rd, Mosman

STARTS: 9:00am **ENDS:** 10:30am

SESSION 2 Wednesday 14/3/2007

LOCATION: Middle Head Oval, Middle Head Road, Mosman

STARTS: 7.00pm
ENDS: 8.30pm